

We would like to extend a warm thank you to our conference planning committee, our volunteers from Pittsburgh Black Nurses in Action, and our sponsors.

Conference Committee  
Dr. Dawndra Jones (chair)  
Dr. Rita K. Adeniran  
Dr. Betty Braxter  
Victoria Brown  
Carla Hall  
Dr. Monica Harmon  
Sarah Hexem  
Jennifer Horn  
Dr. Diana Jones  
Dr. Claudia Gregg-Byers  
Dr. Khlood Salman  
Dr. Richard Zoucha



**Pennsylvania's  
Healthcare  
Mosaic**

**Building a Culture of Health Equity**



**Pitt  
Nursing**

October 20, 2016



**UPMC** LIFE  
CHANGING  
MEDICINE

*Presented by the  
Nurse Diversity Council of the  
Pennsylvania Action Coalition*



The Pennsylvania Action Coalition (PA-AC) is part of the Campaign for Action, a national initiative of the Robert Wood Johnson Foundation and AARP, coordinated by the Center to Champion Nursing in America. The PA-AC works to implement the recommendations of the Institute of Medicine's Future of Nursing report by building strategic partnerships within and beyond nursing to improve health and healthcare in Pennsylvania.

The PA-AC's Nursing Diversity Council (NDC) is dedicated to enhancing nurses' knowledge, skills, and attitudes regarding diversity, promotion of inclusion in the workforce, and provision of culturally competent care to all clients, families, and communities. The NDC works to foster relationships among individuals and communities with the goal of promoting culturally competent nursing care to Pennsylvania's diverse residents and beyond.

The NDC philosophy of *Gracious Space* allows members to create environments that respect diverse perspectives, generate multiple alternatives, and facilitate creation of sustainable environments that honor and dignify diverse individuals and groups. *Gracious Space* is a spirit and setting where we *invite the stranger* and *embrace learning in public*. *To invite the stranger* is defined as being open to diverse perspectives in order to gain clarity. *Learning in public* is defined as truly listening to new thoughts or conflicting ideas, with openness to changing our minds.

- Patricia M. Hughes and Bill Grace (2004). *Gracious space: A practical guide for working better together*. Seattle, Washington: The Center for Ethical Leadership. <http://ethicalleadership.org>

**Join the movement.**



@paaction



Diversity videos



@PAActionCoalition

**#HealthMosaic**

## Poster Presentations

Posters will be on display all day. Presenters will be available as follows:

### Session 1: 7:45—8:15 am

1. Academic and Cultural Support for International Nursing Students
2. Perceived Stress and Coping Styles among African American, African, and Afro-Caribbean College Students
3. Retaining diverse nursing students through Positive Reinforcement to Increase Motivation through Educational Support (PRIMES)
4. Connect, What's in a Word?

### Session 2: 10:30—11:00 am

5. How Effective is Cultural Competence Training of Healthcare Providers on Improving Patient Satisfaction of Minority Groups? A Systematic Review of Literature
6. State Criminal Laws as a Social Determinant of Health
7. Warm the Welcome!
8. Navigating and Understanding Gender Identity for Nurses

### Session 3: 12:30—1:00 pm

9. MOM-n-PA: A mission of mercy to help Pennsylvanians who cannot afford dental care
10. Big Data: Targeted Clinical Programs
11. Educating Multicultural Communities on the Patient Protection & Affordable Care Act (ACA)
12. Exploration of Intergenerational Caregiving Related to Puerto Rican Women's Pregnancy Outcomes
13. A community partnership: birth stories from around the world

### Session 4: 2:30—3:00 pm

14. Cardiovascular Disease Prevention - Call to Action
15. Skin Tears, An Opportunity to Adopt Best Practices
16. Reducing Nasogastric Tube Pressure Ulcers in the Critical Care Unit (CCU) at UPMC McKeesport Hospital
17. Dose intensity disparity among African American (AA) women receiving Breast Cancer (BC) chemotherapy

## About the Presenters



**Stephen Perez, RN, MS, NP** is an experienced health care provider who has dedicated his career to working in infectious disease for the past 10 years. Currently a doctoral student at the University of Pennsylvania, Perez was recently named a Robert Wood Johnson Future of Nursing Scholar. His particular research area of interest is in the intersection of health policy and infectious diseases. His current

dissertation work examines how publicly reported performance measures affect patient outcomes and organizations. He believes evidenced-based policy making is essential to developing innovative and sustainable public health programs and models. He would like to explore how nurses can continue to lead health policy conversations in this country. Currently, he works as an infection preventionist in the Department of Hospital Epidemiology at the Hospital of the University of Pennsylvania.



**Kevin Progar** joined the Regional Health Literacy Coalition (RHLC) in January 2013. RHLC works with communities, health care providers, and universities to make southwestern Pennsylvania's health system person-centered and easier to use. As the Community Coordinator for Strategy and Outreach for the Healthcare Council of Western Pennsylvania, Kevin works with members to find new ways to benefit and engage the communities they serve. He also serves as a consultant to the emerging

Pennsylvania Health Literacy Coalition.

Kevin holds a Bachelor's Degree in Urban Studies and a Certificate in Public and Professional Writing from the University of Pittsburgh. He was a 2014 Fellow at Tufts University School of Medicine, Health Literacy Leadership Institute. Kevin is a certified master trainer for the Agency for Healthcare Research and Quality's SHARE Approach.

## Agenda at a Glance

<b>7:00 am</b>	Registration & Breakfast <b>Poster Session #1 (7:45-8:15 am) - see page 7</b>
<b>8:30-8:45 am</b>	<b>Welcome</b>
<b>8:45 am</b>	<b>Checking the Pulse of Cultural Competency in PA</b> Dr. Rita K. Adeniran
<b>9:30 am</b>	<b>Workforce Diversity in the Commonwealth</b> Dr. Rachel L. Levine <hr/> <b>Pennsylvania's Pipeline: Diversity and the Future of Nursing in PA</b> Stephen Perez
<b>10:30 am</b>	Break <b>Poster Session #2 (10:30-11:00 am) - see page 7</b>
<b>11:00 am</b>	<b>Creating a Culture of We: Advancing the Health Equity Mission in One School of Nursing</b> Dr. Lisa M. Lewis
<b>12:00 pm</b>	Lunch & Exhibitor Review <b>Poster Session #3 (12:30-1:00 pm) - see page 7</b>
<b>1:30 pm</b>	Breakout Sessions: <b>1. Creating Gracious Space</b> , Dr. Rita K. Adeniran <b>2. Building Health Literacy</b> , Kevin Progar
<b>2:30 pm</b>	Break <b>Poster Session #4 (2:30-3:00 pm) - see page 7</b>
<b>3:00-4:00 pm</b>	<b>Creating a Culture of Dignity and Respect</b> Candi Castleberry-Singleton

## About the Presenters



**Rita K. Adeniran, DrNP, RN, CMAC, NEA-BC, FAAN** has a compelling record of leadership and advocacy for diversity, inclusivity, and cultural competency in healthcare. She served as Director of Diversity and Inclusion for the University of Pennsylvania Health System, where she provided strategic leadership and direction for diversity, inclusion, and culturally

competent health care. As the Global Nurse Ambassador for the Hospital of the University of Pennsylvania (HUP) for over a decade, she led the scalable Global Nurse Program to bring recognition to the HUP as a leader in cultural competence education and inclusive practice environments, as well as becoming a global resource and clinical education center for nurses worldwide. She is an Assistant Clinical Professor in the Advanced Role, M.S.N Department of Drexel University College of Nursing and Health Professions.

---



**Candi Castleberry Singleton, MBA** is the founder and CEO of Dignity & Respect Inc, an organization dedicated to making the world a better place for ALL to live—with ALL of our differences. Based on the foundation of 30 Tips, the Campaign promotes dignity and respect for self, others, and communities. An experienced strategist, Candi created The Integrated Inclusion Model™, a systems integration model that helps companies transition from

compliance-driven processes led by human resources, to integrated activities that shift the responsibility for achieving an inclusive culture to every employee. The model is featured in her chapter of *Crossing the Divide: Intergroup Leadership in a World of Difference*. Candi received an MBA from Pepperdine University, a bachelor's degree in legal studies from UC Berkeley, and completed the Stanford University Executive Human Resources program.

## About the Presenters



**Rachel Levine, MD** is currently the Physician General for the Commonwealth of Pennsylvania and Professor of Pediatrics and Psychiatry at the Penn State College of Medicine. Dr. Levine graduated from Harvard College and the Tulane University School of Medicine. She completed her training in Pediatrics and Adolescent Medicine at the Mt. Sinai Medical Center in New York City. In 1993, Dr. Levine joined the staff at Penn State Hershey Medical Center, where she

founded the Penn State Hershey Eating Disorders Program. This program offers multidisciplinary treatment for children, adolescents and adults with eating disorders such as anorexia nervosa and bulimia.

---



**Lisa M. Lewis, PhD, RN, FAAN** is Assistant Dean for Diversity and Inclusivity and an Associate Professor in the School of Nursing at the University of Pennsylvania. She also holds a secondary appointment in the Department of Africana Studies. She received her PhD in Nursing, and a graduate certificate in Women's Studies from the University of Missouri-Columbia in 2002 after completing a BSN

from Syracuse University in 1991 and an MA in Nursing Education from New York University in 1998. Dr. Lewis' program of research focuses on reducing the racial disparities in blood pressure control. She studies determinants of medication adherence in hypertensive blacks with an emphasis on psychosocial factors such as self-efficacy, social support, depression, spirituality, and perceived discrimination. As an educator, Dr. Lewis' main focus has been to prepare nursing students who provide health care to the nation's ever increasing diverse populations.